

Early Years Foundation Stage Curriculum:

Area of learning: Physical Development, Moving and handling

Why this is important:

The moving and handling aspect of physical development involves providing opportunities for young children to be active and interactive and to develop their coordination, control and movement.

Use blocks, bricks or house hold objects to make and create towers.



8-20m

"Hold an object in each hand and bring them together in the middle, e.g. hold two objects and bang them together."

- Pick up 2 objects and bang them together, try big and small objects.

16-26m

"Beginning to balance blocks to build a smaller tower."

- Use various objects around your home to make and create towers. "Ready, Steady, go!" Knock them down and start again.

22-36m

"Squats with steadiness to rest or play with objects on the ground and rises to feet without using hands"

- Encourage your child to use squat at begin building their tower then as it gets taller stand up add more objects to make it taller than them.

30-50m

"Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles."

- Build lots of towers in a line, can your child move in and out without knocking them down?

40-60m

"Travels with confidence and skill around, under, over and through balancing and climbing equipment"

- Build towers and tunnels, can your child move in different ways, such as crawling, slithering like a snake, climbing over using large leg movements.

Early Learning Goal (reached typically by the end of the Reception year)

Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.